SLEEP OUT FOR CHANGE





We are giving up our beds for the night and Sleeping Out to help raise money for homeless young people. By doing this we will experience some of the discomfort that thousands of young people go through every year.

Working together with partners across the UK, Centrepoint helped support over 15,000 in 2024/25. They provide young people with a safe place to live and the support they need to become independent adults. The money raised through Sleep Out will help give homeless young people across the UK a future.

HELP US RAISE:

BY:

TO FIND OUT MORE, SPEAK TO:



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