

# YOUR IMPACT

AUTUMN UPDATE 2023

CENTRE  
POINT

ENDING YOUTH  
HOMELESSNESS



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reclaiming  
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## NOTE FROM THE EDITOR

### NEW LOOK – SAME MISSION TO END YOUTH HOMELESSNESS

You might have noticed a few changes to the way we look, so I thought I'd take the chance to introduce myself and update you on the exciting evolution of our story.

Back in 2021, we launched our 'Change the Story' strategy, where we reinforced our commitment to ending youth homelessness. When we did this, we undertook some research on how people felt about Centrepont, and the overwhelming feedback was that our look didn't match our ambition.

After consulting with you – our supporters – the wider public, and the young people we're here for, we developed our new look. You'll spot bright new colours and more authentic photography. You'll also notice our logo has changed slightly - but our iconic Centrepont orange is still there.

More than fifty years on since we were founded, we're still providing support and safe places for young people to rebuild their lives. But the way we do things has changed a lot since 1969, and so have the young people we support.

This is all about embracing change, making a bigger impact and connecting to more people who need our help. We hope you like what you see – and we can't wait to start this new chapter with you by our side.

Best regards,

Huw Jenkins,  
Brand and Creative Manager



If you feel moved by any of the stories in this issue of Your Impact, we would love to hear from you. You can email us at [supportercare@centrepont.org](mailto:supportercare@centrepont.org) or call us on 0800 23 23 20.

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Cover image:  
Centrepont CEO, Seyi Obakin OBE,  
with our Patron HRH The Prince of Wales at the Reuben House opening.



## ADIL'S STORY: RECLAIMING HIS FUTURE

Adil left Syria aged just 16, making the treacherous journey to the UK in search of safety. He explained:

*"I had to leave Syria because of the war. People were fighting and dying. People didn't have food. There were no human rights... For so many people, this journey doesn't feel like a choice. You can choose to die where you are or risk dying trying to get away."*

Like many unaccompanied minors, Adil was referred to Centrepont by the local authority.

Thanks to the kindness of people like you, the Centrepont team provided Adil with a variety of support: learning English at college, getting set up with local services like a GP and dentist, learning how to cook and clean for himself, where to shop for clothes and food locally, and referring him to work with our Centrepont health team.

It was difficult at first - there were a lot of new systems, processes and people for Adil to get used to. Coupled with a language barrier, this all became even more challenging.

Centrepont also helped Adil to stay in touch with his solicitor about his asylum application. The Home Office challenged Adil's age, believing he was over 18 when he came to the UK. This meant that Adil had to go through an age assessment and was forced to move into Home Office adult accommodation while his appeal was taking place.

Eventually after eight months of waiting, Adil's appeal was successful – he moved back into Centrepont accommodation and his asylum claim began. Adil said:

*"The staff at Centrepont have helped me so much with so many things; even helping me to wake up for college. I think they care about me more than I care about myself. They teach me so much. They help me understand letters and emails and I trust them completely. They help me make sense of it all, encourage me and help me stay positive."*

Thank you for being there for young people like Adil.



**21%**  
of Centrepont residents are asylum seekers. Thanks to your generosity we're able to support these young people, like Adil, in the best way we can. Thank you for being part of the change.

# 52 OLDHAM STREET: ONE YEAR ON

**One year ago, we reopened our doors at 52 Oldham Street, Manchester, after significant renovations that our generous supporters made possible. And what a year it's been!**

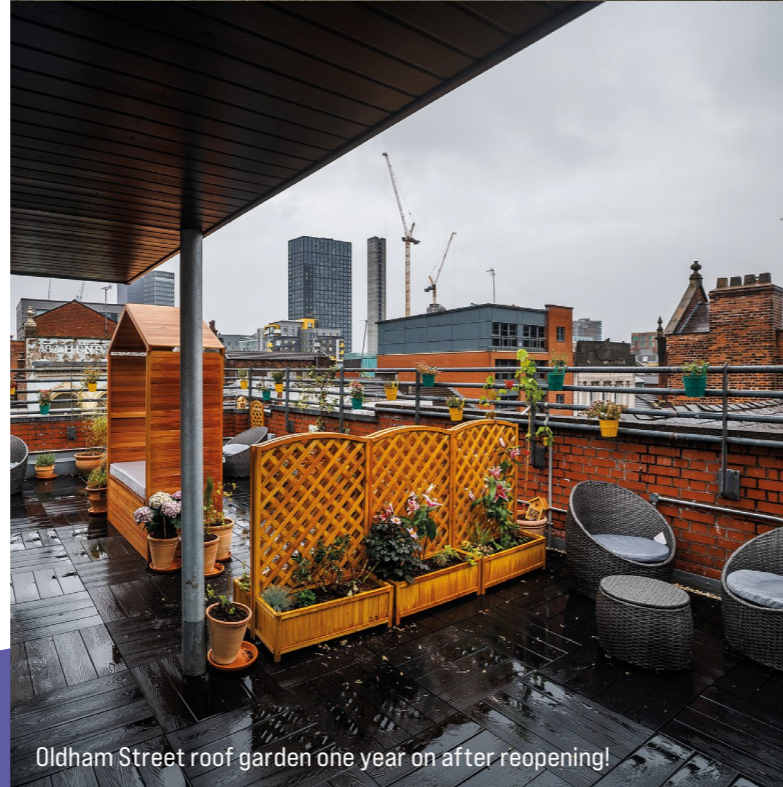
52 Oldham Street hosts Centrepoin't's Homelessness Prevention and Relief Service, made up of a team of skilled outreach workers. They support the most entrenched young rough sleepers in Manchester city – helping them into safe shelter, linking them up with Centrepoin't's mental health provision and learning opportunities, as well as giving independent living advice.

Following a complete transformation of the building to make the environment more psychologically informed, the service now provides safe and welcoming interview rooms for young people to be assessed, a roof garden giving young people tranquil outside space, and suitable offices for our dedicated teams.

**Check out the before and after images of our Oldham Street service!**



Oldham Street roof garden before renovations.



Oldham Street roof garden one year on after reopening!

**Since reopening one year ago, our flagship service in Manchester has supported thousands of young people across Manchester:**



Over 1,900 young people were supported by our Homelessness Prevention and Relief Service



More than 60 young people took part in fun activities including gardening, boxing and arts & crafts



The Helpline team took calls from nearly 2,500 people in Manchester seeking help and advice



Over 100 young people received floating support

## JOE'S STORY:

# SUPPORTED BY CENTREPOINT IN MANCHESTER

**At just 16, Joe had fallen into homelessness, drugs and crime. His life changed when he came to Centrepoin't.**

Joe had an extremely traumatic childhood, punctured by heartbreak and loss.

*"The trauma of my childhood meant that I fell into drugs, youth offending and a dark place of homelessness."*

Eventually, Joe realised that he would die if he continued down this path. With Centrepoin't's support, particularly the support of Complex Case Worker, Amy, he got help with his mental health and substance use and was able to get clean.

*"Knowing that someone is on the end of the phone and that they are not going to give up on you is so important. Centrepoin't never gave up on me and were always there to talk to if I was in crisis. It was very encouraging to know that."*

Amy is so proud of the progress Joe has made, explaining:

*"In the last six months Joe has really worked hard to turn his life around and it has been amazing to see his progress."*

Joe is now clean and living back in his family home. He explains that without Centrepoin't's unwavering support, he could be in quite a different place now:

*"I think without Centrepoin't and the support they offer, a lot of young people would slip through the cracks and go into a dark state of mental health issues or never leaving the streets... Centrepoin't offer young people a chance to turn things around. I wouldn't be where I am now if it wasn't for them and I am so grateful."*

**Thank you for being part of the change and supporting young people, like Joe, move on from homelessness for good.**

**"Centrepoin't offer young people a chance to turn things around. I wouldn't be where I am now if it wasn't for them and I am so grateful."**

**Joe**





# Q&A WITH ALICIA WALKER

A vital part of Centrepoint's endeavour to end youth homelessness is our policy, research and campaign work to influence national and local government policy that affects homeless young people.

We hear from Alicia Walker, Head of Policy, Research and Campaigns at Centrepoint, to find out more about her work and that of her team.

### What does your role at Centrepoint entail, and how does it contribute to ending youth homelessness by 2037?

It's my job to give the young people we support – and all young people – a voice on the national stage by thoroughly investigating the systemic barriers to their success, building a movement to break down those barriers, and influencing the government to put in place the right policies and the right programmes to ensure the next generation can, not just survive, but thrive.

### What are your goals, or the goals for your team?

We want politicians from across the political spectrum to commit to a strategy that not only turns the tide and stops the number of young people with nowhere safe to stay increasing, but that seeks to end youth homelessness once and for all.

This is a bold aim, and some may think it's too ambitious, especially given the current challenges facing our country. But big problems require big solutions, and it is precisely because of those challenges that action is so urgently needed.

Youth homelessness is complex, and ending it requires a multifaceted, cross-government approach. But with the collective support of our sector, and real political will, we can drive change.

### What gets you up in the morning to do the job each day? What motivates you?

The young people we serve. They deserve a champion and I'm committed to being the best champion I can be.

Personally, I'm training to run the Big Half in September and then London Marathon for Centrepoint next year, so I have the double motivator of needing to get out of bed to train!

### Any big plans in the pipeline you want to mention and let our supporters know?

Something we are planning around: the next general election. We have an important general election coming up and it is so important that everyone gets out and votes! The election could be any time before January 2025, but it is so important to register and then vote for the candidates that will advocate for vulnerable and homeless young people. You can make a huge difference at the ballot box!

### What's the biggest challenge right now for you and your team?

Vulnerable young people continue to live at the sharp end of a world in crisis, a world in which inflation rates are soaring, and a country in which a lot of young people simply do not know how they will pay their bills or make the impossible choice between food and rent. However, although young people have been at the sharp end of so many crises, we are all feeling them. Perhaps my team's biggest challenge is ensuring that young people are not forgotten amidst all the turbulence.



### What message do you have for our supporters?

Thank you for believing in young people and for being part of our movement to end youth homelessness.

# POLICY & RESEARCH



As well as providing quality support for homeless young people, Centrepoint are fighting for systemic changes that will put an end to youth homelessness for good. Your support has enabled us to learn about and respond to the biggest issues homeless young people have been facing over the last year.

## SOMEWHERE TO CALL HOME: IMPROVING YOUNG PEOPLE'S ACCESS TO AFFORDABLE, SAFE AND SECURE HOUSING

Recently, our Policy and Research Manager, Dr Tom Kerridge, completed a piece of research exploring the housing aspirations of young people with experiences of homelessness and examining how they can be better supported to access stable housing. Here's what he found:

### THE FACTS ABOUT YOUTH HOMELESSNESS AND SOCIAL HOUSING:

- Centrepoint Databank statistics show that in 2022, more than 112,000 young people in England presented to their Local Authority requiring homelessness prevention and/or relief.
- As of 2020-2021, just 2% of total Local Authority and 3.1% of Housing Association social homes were let by young people.
- In 2022, Private Registered Providers built 549 fewer social rented homes than 2021, while Local Authority providers built around 9,300 fewer homes of this type.
- Allocations to new general needs social housing for single people in England decreased from 80,986 in 2015/2016 to 52,674 in 2021/2022.

### OUR REPORT AND SELECTED FINDINGS:

- The young people participating in the research understood that social housing was the most affordable option on the market. Moreover, the young people valued the security and safety that social housing can provide.
- The young people understood that a stable home could provide them with opportunities to think in the long term and set future goals.
- Participants from Local Authorities and Housing Associations highlighted that issues such as high demand for services, the age of housing stock and diminished funding had reduced their capacity to support young people.
- Young people with experiences of homelessness often need support to prepare them to move into independent accommodation. Participants highlighted that this support should be empowering and aimed at building confidence and capacity.
- Young single people can experience a double disparity of reduced allocations and access to a limited pool of one bedroom and studio social housing.

### SELECTED RECOMMENDATIONS

- **Incentivise the development of more social housing** - Registered providers should be incentivised to create a more even split between market rent, affordable and social developments. Moreover, they should be encouraged to build a greater supply of one bedroom and studio social housing.
- **Support the development of innovative solutions to the housing crisis** - DLUHC should provide funding and regulatory support to organisations to develop innovative housing offers such as Centrepoint's Independent Living programme.
- **Improve guidance to address Local Authority gatekeeping** - DLUHC should create clearer guidance detailing the statutory responsibilities of Local Authorities to prevent gatekeeping.
- **Provide under 25s living independently with the same Universal Credit rate received by over 25s** - DWP should align the Universal Credit standard allowance for under 25s with that of over-25s.
- **Ground move on support in confidence and capacity building** - Local Authorities should work with supported accommodation, schools and social care to develop co-ordinated approaches to promoting confidence and capacity building before young people transition into independent accommodation.



You can support us by sharing this research with your local MP and demand that the candidates in your constituency for the next general election prioritise vulnerable young people.

# A ROYAL VISIT AT REUBEN HOUSE



On 13th June, HRH the Prince of Wales, attended Centrepont's official opening of Reuben House, where he met residents, staff members, supporters - as well as our celebrity ambassadors Lisa Maxwell and Sara Cox.

Reuben House in South London - part of our Independent Living Programme - has 33 new homes, which will allow young people aged between 18 and 24 in jobs or apprenticeships to live in affordable housing, with rent capped at a third of their take-home pay.

Sadly, one in five young people cannot move on from homelessness hostels because they can't afford the private rented sector or landlords won't rent to them. That's why we think our innovative programme offers a solution, as it gives young people the chance to access the housing market and develop their careers, so they can feasibly move on from our services, leave homelessness behind them and live independently.

Prince William, who has been our Patron since 2005, was given a tour of the site, where he visited one of the flats and spent time with residents - he listened to their experiences of moving into Reuben House, and heard how the new accommodation will help provide security and stability for them. He even got involved in a game of table football with residents and celebrities!

Seyi Obakin OBE, CEO commented: *"This is not just about the opening of this building, but beginning to tell the story of how a scheme like this should be part of the tapestry for ending homelessness for young people."*

He said how Prince William was on good form and loved the flats. *"I couldn't get him away from the young people. I knew we were running out of time, and every time I said to him, 'I think it's time to go,' he started a different conversation!"*

*"He wants to hear people's stories, and he wants to find out how he can help and how much more he can do—and he doesn't like an event like this rushed at all."*

Juwon, one of the residents of Reuben House, said: *"He really wants to understand your situation. It didn't just feel like he was speaking because he was here. He was very understanding – in terms of the struggles of being young and trying to live an independent life."*

*"He wants to see where he can make amendments, make a difference. He was also asking what would help. I could see him trying to understand so he can take it away and amplify it some way or somehow. I told him a bit about me and the council situation so hopefully he gets to talk to people a little bit more and tell them there are young people who are struggling and we need to start making a difference now. He's a great man."*

**We're delighted Prince William took the time to visit Reuben House, raise awareness about the issue of youth homelessness and our Independent Living Programme and raise the profile of Centrepont – we're very grateful for his patronage.**

## HOMEWARDS

HRH Prince William's initiative dedicated to ending homelessness

**This June, Centrepont patron, Prince William, announced his new Homewards initiative - a locally led, five-year programme that takes a transformative approach to ending youth homelessness.**

Centrepont is proud to have played a key role in the development of the Homewards initiative as both part of the Expert Panel, and as one of the Prince of Wales' patronages. The work we have been doing has helped inform the programme and we will continue to support its growth and development over the next five years.

Prince William said: *"In a modern and progressive society, everyone should have a safe and secure home, be treated with dignity and given the support they need. Through Homewards, I want to make this a reality, and, over the next five years, give people across the UK hope that homelessness can be prevented when we collaborate."*

### How will Homewards work?

Homewards will work with six flagship locations giving them the space, tools and relationships to prevent homelessness in their local area. Learnings from the six flagship locations will help to create a tried and tested model that can be scaled across the UK and beyond.

### What is Homewards' mission?

The Homewards mission is to demonstrate that by working together, it is possible to end homelessness, making it rare, brief, and unrepeatable. The six flagship locations will form locally-led coalitions of committed people, organisations and businesses, who will work together to create and deliver an action plan to prevent homelessness in their areas.

### Who created Homewards?

Building on Prince William's long-standing engagement on the issue, Homewards is the result of two years of work by The Prince and The Royal Foundation, in consultation with leading NGOs, public bodies, sector experts (including Centrepont!), people with lived experience, and many others from across the UK and the world.

Prince William has long been interested in housing and homelessness and has worked with Centrepont for over 18 years to challenge misconceptions and celebrate the enormous potential of homeless young people. Centrepont shares our patron's commitment to making homelessness rare, brief and unrepeatable – we want to end youth homelessness by 2037 and the work of the Homewards programme can only help this - so we'll continue to work with The Royal Foundation to share learnings and experiences.

# YOUR ROOM SPONSORSHIP HAS GIVEN A HOMELESS YOUNG PERSON A NEW BEGINNING, THANK YOU

By sponsoring a room at Centrepont, you're giving so much more than just a room. You're giving a vulnerable young person the chance to build a brighter future and leave homelessness behind for good. See how your room sponsorship helped Leni find a turning point in their life.

Leni, who identifies as non-binary, came to our Barnsley service after leaving care at 18. Their mental health was unstable and they weren't ready to live independently.

Thanks to our room sponsors, like you, Leni was given their own room and two Key Workers, Lee and Chantelle, who helped them settle into Centrepont's accommodation and make friends with other residents.

Leni recalls: *"I used to struggle just keeping things clean and organised and Chantelle would always be there to support me and give me a little push when I needed it. Even if I just needed a chat. It felt kind of like being at home – like I was in a place with staff, but I could laugh with them and rely on them."*

Your room sponsorship meant Leni could also receive mental health support from a Centrepont psychotherapist who helped them to open up about things they'd never spoken about before.

*"They've made me feel comfortable enough to do that. My psychotherapist works with me in a way that suits me and I never feel judged... I'm making good progress, but I'm still working through a lot of stuff."*

Leni now lives in their own accommodation, receiving floating support from Centrepont to help with their finances and apply for benefits.

*"It feels amazing that I've actually achieved getting my own place. Because for me, I always thought I wouldn't make it to 20 years old and the fact that I have my own place, it's a big achievement."*

Looking forward, Leni hopes to help other young people in the care system. We're so proud of the incredible progress they have made and look forward to see what they go on to achieve.

**Stories like Leni's would not be possible without the generosity of room sponsors, like you. We cannot thank you enough.**



## YOUNG PEOPLE GET THEIR HANDS MUDDY IN WINDSOR

Five young people from Centrepont had the unique opportunity to join the Royal Horticultural Society Windsor residential for four days. Centrepont Communications Officer, Tamsin tells us what they got up to.



### DAY 1

We travelled from London to Egham to meet Alex, Show Director of the Royal Windsor Flower Show, at the train station. Alex organised the residential and it was great for us to finally meet her in person! We went to the Windsor Crown Estate where we met Cleve West, the award-winning gardener who designed and created Centrepont's garden at this year's Chelsea Flower Show.

Over a delicious vegan lunch, Cleve gave a presentation on his horticultural journey and explained some of the processes and different craftspeople and gardeners he has worked with over the years. He then went on to talk about the concept behind the Centrepont Garden at the Chelsea Flower Show and the idea that nature finds a way through the challenges of life, just like young people. The five young people were inspired and captivated by his talk and asked many questions.

We were taken through a tour of the Windsor Great Park by the head groundsman, John Oliver, beginning at the Long Walk and statue of St George and then down to the castle, finishing at the oldest oak tree on the estate. At 1,300 years old, this veteran oak must have seen so much history!

### DAY 2

Today, we went to Waltham Place, a beautiful, family-run bio-dynamic farm.

The estate manager, Andre and bio-dynamic farmers, Harry and Care, taught us all about the soil, crop rotation, diversity and sustainability.

We visited the farm animals - a handful of cows, sheep, pigs and bees - just enough to keep the farm running and soil fertility to perfection.

Lunchtime was a special treat today, under the expert instruction of Antonio Caldesi, who runs the prestigious Caldesi restaurant in London. We prepared our pizzas from scratch and cooked them in the outdoor pizza oven. We picked herbs, rocket and wild garlic from the gardens to add to our sourdough pizzas, along with fresh mozzarella made from the farm's milk. Never had pizza that tasted so good!

### DAY 3

We had a tour of Wentworth Golf Club and the young people were given the opportunity to operate some of the machinery and even drive a mower.

We learnt about the science of grass and how important this is on a golf course. Two young people changed a hole and then they got a chance to hit a few balls on the green.

In the afternoon we visited the beautiful Savill Gardens. The sun was out and all the plants and flowers looked incredible!

### DAY 4

Our final day found us at Crocus Nursery - a huge commercial nursery where they grow over a thousand different plant varieties across herbaceous, perennials, grasses, ferns and some shrubs.

The young people learnt about how the nursery is adapting to climate change and the ways they reuse and capture water wherever possible.

We then got the chance to use the potting machine on some succulent plants and the young people formed a little production line. Some were potting, others were arranging, and more were labelling, and then everyone rotated.

The young people loved this activity as it was a chance to really get stuck into some work and get their hands dirty again - literally.

Each young person was given a succulent to take home and after lunch in the Crocus staff garden, it was time to make our way back to London and for some young people, to Yorkshire.

The young people commented on how lovely it was to be outdoors and immersed in nature for four days, with one even saying they wished the residential was 100 days long! They all remarked that they hadn't realised what a diverse field horticulture is.

Two of the young people were later involved in building the Centrepont Garden at the Chelsea Flower Show, and one worked at the Windsor Flower Show.

# A GIFT IN YOUR WILL COULD LAST A LIFETIME



Gifts in Wills enable us to continue to do the life-changing work we do. Any legacy we receive makes a lasting difference to the young people we work with. With boundless potential and possibilities ahead of them, your gift can help us support young people to make the most of their future.

Earlier in the year we spoke with Angie, a Centrepont Supporter and Legacy Pledger. She told us why she has chosen to leave a gift in her Will to Centrepont.

"I am in my late 60s and have worked in the youth justice system (public and voluntary sectors) for over 20 years. I previously worked in the health service so I guess I would say I am committed to public services. I have seen the desperate situations that young people find themselves in and know that for those who have ended up in custody, the problem of a lack of housing on release is a major problem. Care leavers too are particularly vulnerable, with no education, few skills and little support.

I started to support youth charities with regular giving about 15 years ago. My husband and I married late and were unable to have children. We both have very small families and are fortunate to have now retired with good pensions.

**I feel passionate about young people and believe that Centrepont plays an important role, not just in providing housing, but also supporting and developing young people – to draw out their strengths and help them move on with their lives in as positive a way as possible.**

By leaving a legacy I hope that more young people will have the opportunity to be helped to put the dark period of their early lives behind them. Working with young people such as these is highly skilled and demanding work, and I hope that the legacy also enables the recruitment of more staff to support the work of Centrepont in the future."



If you would like more information about leaving a gift in your Will to support future generations of young people, please get in touch with Rosie and Elliot in the Legacy Team at [legacies@centrepont.org](mailto:legacies@centrepont.org) or 07500 990 831.



## CARRIANNE: A GIFT OF A LIFE CHANGED FOREVER

In 1983, Carrienne, aged just 15, left her home and went to London in search of her father following a relationship breakdown with her mother and stepfather. Carrienne hadn't seen her father since she was five and she had no idea of his address or where she was going.

Some kind punks in Leicester Square helped Carrienne, as they could see how vulnerable she was. They took her for an essential McDonalds and told her about a Centrepont night shelter, where they were also staying. Carrienne arrived at the night shelter and remembers that the staff were amazing and made her feel safe. Within a couple of weeks, she was reunited with her father for the first time in ten years.

Unfortunately, the relationship with her father fell apart after six months, and she went back to live in the Midlands. Carrienne eventually ended up in care as her mother and stepfather refused to take her back.

Despite the incredible challenges that Carrienne faced she always looks back at the kindness and safety she received from Centrepont. She said: *"That year when I was 15-16 was the worst of my life, but if it wasn't for Centrepont and those friendly punks, I really don't know what would have happened to me."*

Today, Carrienne leads a fulfilling and happy life in Devon. She is a mother and grandmother, and is a keen surfer, horse rider and amateur boxer.

**"I am so passionate about the work Centrepont do because it did save me. I could have ended up anywhere and anything could have happened, and thanks to you it didn't. It's a really strong memory for me, being safe and supported in that hostel."**

**Carrienne**

# CHALLENGE YOURSELF THIS AUTUMN!



Centrepoint supporter runs the Royal Parks half marathon.

Image: David Monteith-Hodge

Join the team today and you'll receive a Centrepoint running top, dedicated advice and support from our events team and your own cheering squad on the day!

## Royal Parks Half Marathon

8 October 2023

The Royal Parks half marathon takes in some of the capital's world-famous landmarks on closed roads, and four of London's Royal Parks - Hyde Park, Green Park, St James's Park and Kensington Gardens.

**SIGN UP HERE:** [centrepoin.org.uk/royal-parks-half-marathon](https://www.centrepoin.org.uk/royal-parks-half-marathon)

## London Landmarks Half Marathon

7 April 2024

The London Landmarks Half Marathon is a unique closed-road route highlighting the grand, quirky and hidden landmarks of central London.

**SIGN UP HERE:** [centrepoin.org.uk/london-landmarks-half-marathon](https://www.centrepoin.org.uk/london-landmarks-half-marathon)

## Santa in the City (5k)

6/7 December 2023

Santa in the City is a great way to get you into the festive spirit by running a 5k route at night dressed in a Santa suit!

**SIGN UP HERE:** [centrepoin.org.uk/santa-city](https://www.centrepoin.org.uk/santa-city)

Amazing Centrepoint supporters swap their beds for sleeping bags to raise funds for homeless young people.



# SLEEP OUT

Can't make it to one of our Sleep Out events? Are you keen to raise funds for Centrepoint services but not quite sure where to start?

For one night only, bring together a dream-team of friends, family, colleagues or fellow students and hold your very own Sleep Out. Hosting your own Sleep Out is a perfect way to raise awareness and funds for thousands of young people across the UK experiencing homelessness.

Registering to hold your own Sleep Out is simple and our events team will make sure to support you, providing fundraising tips, and on-the-night activities.



**TO REGISTER** or to find out more please visit our website: [centrepoin.org.uk/sleep-out](https://www.centrepoin.org.uk/sleep-out)

## JOIN 10:10 FOR WORLD HOMELESS DAY!

**10:10**  
October 2023



Want to do even more to support homeless young people during the cost-of-living crisis? The 10:10 challenge is for you!

For World Homeless Day on 10 October, we are inviting you to take part in our brand new fundraising challenge – 10:10. Simply complete 10 activities for 10 days in October to raise vital funds for vulnerable young people.

From doing 10 good deeds to cycling to work for 10 days, there is an activity for everyone- be it active, creative or just a bit of fun. You really can do anything you like!

Whether you want to start on 1st October to end on World Homeless Day or later in the month, the choice is up to you!

We are asking you to raise just £200. This could fund 10 psychotherapy counselling sessions for homeless young people, supporting their mental health in these challenging times.

By participating in 10:10, you'll be doing even more to help us end youth homelessness for good.

Please go to [centrepoin.org.uk/1010](https://www.centrepoin.org.uk/1010) to get involved and receive your very own 10:10 welcome pack!



# THE GREATEST GIFT YOU CAN GIVE



Watch out for our Christmas gifts catalogue in the post from 9th October.

Show a homeless young person that someone is thinking about them this Christmas.

This newsletter costs just 15p to print and enables us to tell you about how you are making a difference to homeless young people. Please pass on to friends and family so even more people can find out about our work. If you have any questions about Centrepoint, specific feedback on this communication or if you wish to receive this newsletter via email only, please call on 0800 23 23 20, email [supportercare@centrepoint.org](mailto:supportercare@centrepoint.org) or write to us at the address below. We sometimes use models and change the names of young people to protect their identity; however, all stories are true and as told by the young person.

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ENDING YOUTH  
HOMELESSNESS